

Inspirational Paint Ideas Bring “Magic” To Children’s Bedrooms

(NAPS)—Just like a good book, each chapter of a child’s life brings a new attitude, adventure and style. Whether you’re creating a nursery, updating a grade-schooler’s bedroom or designing a teenager’s hangout, a child’s bedroom should be a reflection of their personality.

“The bedroom serves as a palette for a child’s interests and tastes to be expressed. Frequently updating the décor in your child’s room is an excellent way to convey their evolving personality; however, this doesn’t mean you always have to start from scratch,” says Barbara Richardson, director of color marketing for ICI Paints, maker of the Glidden paint brand. “Paint is an easy and affordable way to keep your child’s room up-to-date with their forever-changing personality.”

Richardson suggests the following paint ideas to create personalized spaces for kids of all ages.

Newborns

Many expecting parents feel inspired to create a nursery while awaiting a new arrival. Rather than use traditional paint colors like pink or blue, choose a more versatile color. Pale yellows and greens don’t shout out “new baby” and make the room sophisticated for adults, but cozy enough for baby. Instead of a mobile, paint a mural of a favorite nursery rhyme on the wall to keep baby entertained, and use stencils to personalize baby’s first toy box.

Grade-schoolers

Decorating with color is an imaginative way for parents to incorporate learning into their child’s life. In fact, according to



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Richardson, research indicates that using inspirational colors on the walls of a child’s bedroom can actually enhance their learning. Soft hues of yellows, greens and blues create a nurturing environment that helps to balance the overwhelming visual impact of colors found in toys, books and clothes. These colors also create a more effective learning environment and have a positive impact on mood. In addition, painting stencils of the alphabet along the perimeter of the room will make learning the ABCs as simple as 1-2-3.

Middle-schoolers

As children reach junior high the colors that impact learning shift from softer shades to bolder colors like vibrant reds, blues and greens. Showcase one of these bright colors on an accent wall in your child’s bedroom, and then paint the remaining walls in a neutral color. Dress up the accent wall with stencils that reflect your child’s interests to create a themed look they’ll really love. Into space exploration? Create your child’s very own solar system by painting the room a deep blue hue. Then, paint stencils of the planets and stars on the walls

and ceiling. Love water sports? Have your child sleeping in an aquatic wonderland by painting the walls with waves of blues and greens and stencils of tropical fish and seaweed. Sports fanatic? Score big by painting the bedroom with the colors of their favorite sports team.

Teenagers

Teenagers spend a great deal of time entertaining friends in their bedroom. So why not turn their space into the coolest hangout in town? Start by bringing them into the decorating process. Allow your teen to select a color scheme that includes three or four of their favorite colors. Use the lightest hue as the base color of the room or paint two of the contrasting colors in bold stripes on the walls. The remaining colors can be used to spruce up door and window frames, existing furniture pieces, or even to stencil cool graphics on the walls or furniture. Having teens roll up their sleeves and help with the painting will make them even more excited to show off their new “crib.”

Discover other creative ideas for home paint projects at www.glidden.com.