

RADIO ROUNDUP

a collection of features, oddities,
and helpful tips



**NORTH AMERICAN
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HEALTH BULLETIN

HERE'S A THOUGHT TO CHEW ON: YOUR NEXT HEADACHE MAY BE CAUSED BY YOUR BITE. THE PAIN YOU HAVE IN YOUR HEAD AND NECK COULD BE BECAUSE YOUR JAW IS NOT RESTING WHERE IT SHOULD. THAT PUTS YOUR MUSCLES IN A STATE OF CHRONIC CONTRACTION. WHEN YOUR BITE IS NOT RIGHT, IT CAN LEAD TO ABNORMAL TENSION— ONE OF SEVERAL POSSIBLE CAUSES OF HEADACHES. ACCORDING TO DOCTOR WILLIAM DICKERSON, A NEUROMUSCULAR DENTIST AND FOUNDER OF L-V-I GLOBAL, EACH YEAR NEARLY THIRTY MILLION AMERICANS, MOSTLY WOMEN, SUFFER FROM CHRONIC MIGRAINE HEADACHES, CAUSING THEM TO MISS WORK AND SPEND BILLIONS ON REMEDIES. FORTUNATELY, IF THE PROBLEM IS WITH YOUR BITE, IT'S EASY TO FIX. SPECIALLY TRAINED NEUROMUSCULAR DENTISTS FIND THE MOST COMFORTABLE POSITION FOR THE JAW. THE DENTIST THEN PLACES A CUSTOM-MADE REPOSITIONING ORTHOTIC, USUALLY ON THE LOWER TEETH, TO SEE IF THE PAIN GOES AWAY. ONCE THE BITE IS REALIGNED, PAIN DUE TO IMBALANCE SHOULD DISAPPEAR. TO LEARN MORE AND TO LOCATE A NEUROMUSCULAR DENTIST, VISIT WWW-LEADING-DENTISTS-DOT-COM.