

# RADIO ROUNDUP

a collection of features, oddities,  
and helpful tips



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170 WORDS, 60 SECONDS

## EDUCATION NEWS AND NOTES

THE ANXIETY THAT SOME STUDENTS FEEL BEFORE A TEST CAN LEAD TO POOR PERFORMANCE AND DISRUPT THEIR LEARNING. FORTUNATELY, PARENTS CAN HELP THEIR CHILDREN MAKE THE GRADE BY PROVIDING SUPPORT AND ENCOURAGEMENT BEFORE AND AFTER TESTS. HERE ARE SOME TIPS FROM DOCTOR ANDREA PASTOROK, EDUCATION SPECIALIST FOR KUMON MATH AND READING CENTERS. ENCOURAGE YOUR CHILD TO SPACE OUT HIS STUDYING AND HOMEWORK ASSIGNMENTS SO HE WON'T BE FORCED TO CRAM THE NIGHT BEFORE THE TEST. ENCOURAGE YOUR CHILD TO DO WELL, BUT DON'T PRESSURE HIM; YOU MAY STRESS YOUR CHILD OUT. IT IS IMPORTANT FOR YOUR CHILD TO STAY RELAXED ON TEST DAY. MAKE SURE THAT YOUR CHILD GETS ENOUGH SLEEP THE NIGHT BEFORE THE TEST. IF YOUR CHILD IS STRUGGLING, TALK TO HER ABOUT IT AND MEET WITH HER TEACHER TO FIND OUT THE BEST WAY TO HELP. PRAISE YOUR CHILD WHEN SHE DOES WELL OR FOR HER HARD WORK PREPARING FOR A TEST. SUCH POSITIVE REINFORCEMENT CAN ENCOURAGE A CHILD TO KEEP UP THE GOOD WORK.